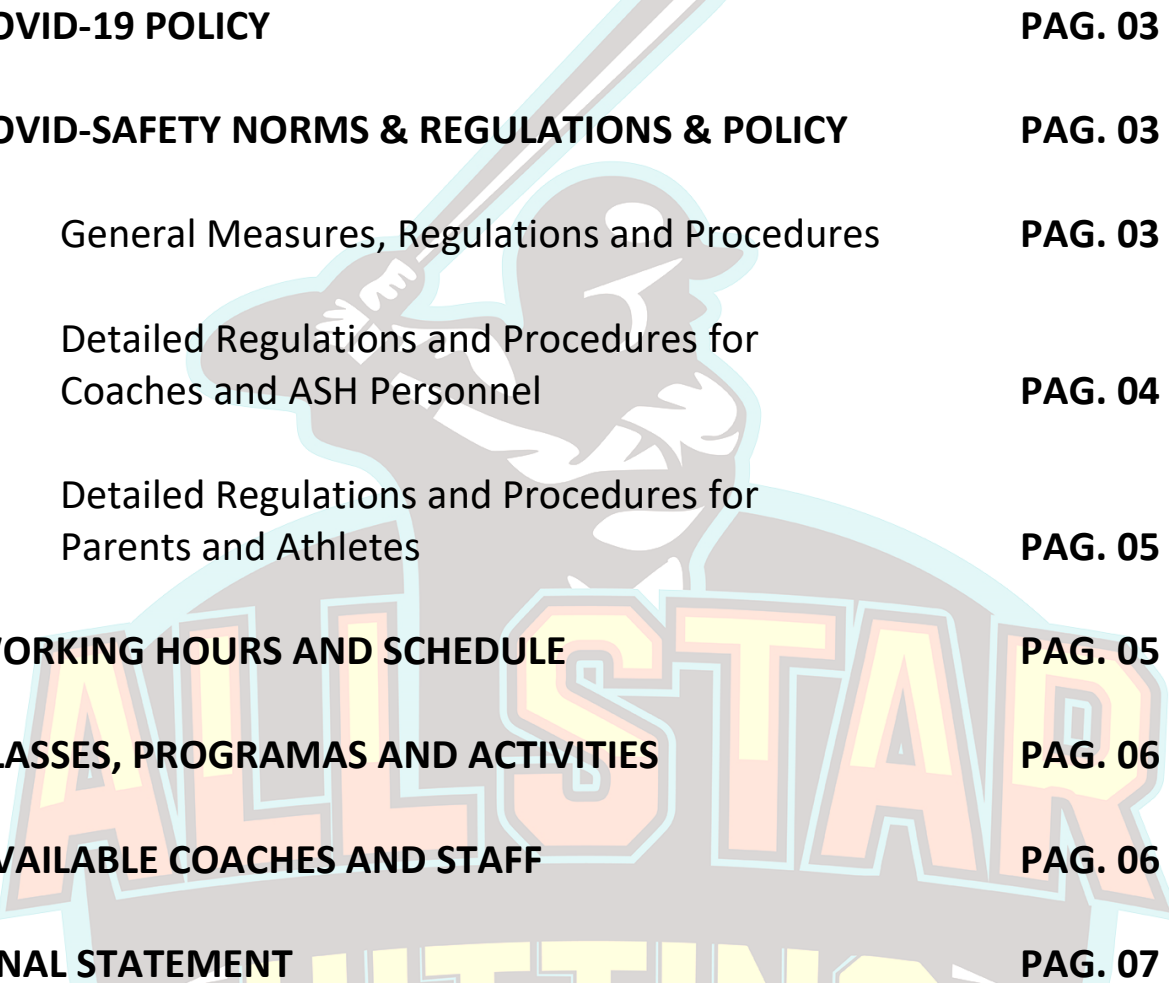


**ALL STAR HITTING TRAINING CENTER
COVID-19 SAFETY POLICY & REGULATIONS**

September, 2020

INDEX



COVID-19 POLICY	PAG. 03
COVID-SAFETY NORMS & REGULATIONS & POLICY	PAG. 03
General Measures, Regulations and Procedures	PAG. 03
Detailed Regulations and Procedures for Coaches and ASH Personnel	PAG. 04
Detailed Regulations and Procedures for Parents and Athletes	PAG. 05
WORKING HOURS AND SCHEDULE	PAG. 05
CLASSES, PROGRAMAS AND ACTIVITIES	PAG. 06
AVAILABLE COACHES AND STAFF	PAG. 06
FINAL STATEMENT	PAG. 07

ALL STAR HITTING TRAINING CENTER COVID-19 SAFETY POLICY & REGULATIONS

COVID-19 POLICY:

COVID-19 is a severe health concern, and we are taking every precaution possible. Please strictly follow these policies to make our community safe for everyone:

- Wash your hands thoroughly with soap and water for at least 20 seconds before and after workouts.
- Wearing a Face Mask/Shield is mandatory before, during and after workouts.
- Wipe down all equipment and gear with disinfectant before and after use.
- Cough or Sneeze into your arm.
- Avoid touching your eyes, nose and mouth.
- Avoid physical contact with another person and maintain at least a 6' of separation distance.
- Avoid touching the Facility equipment with your hands as much as possible.
- If you feel sick, please **STAY HOME!** If you are at the Facility, make sure to let the front desk know immediately.

COVID-19 SAFETY NORMS & REGULATIONS:

The following norms, procedures and regulations will apply **WITHOUT EXCEPTIONS** at All Star Hitting Training Center from this day **(05-18-2020)** until further notice:

General Measures, Regulations and Procedures:

- Facility will be professionally sanitized, cleaned (includes vacuum) before reopening and two (02) times per month moving forward.
- Measurements of bacteria levels will be taken at six strategic areas inside **ASH** every month to evaluate the effectiveness of the sanitizing and cleaning activities.
- A Polycarbonate Protective Shield will be installed at the Front Desk. All business transactions at this area must be done through this shield.
- Water fountains won't be operational inside the facility until further notice. Water bottles, drinks and food will also be available for purchase in the beverages and food area.
- Front Desk personnel must take the temperature of every athlete entering the facility. For this procedure there will be a "No Contact" Thermometer available at all times. Front Desk or ASH

Coaches are the only persons authorized to operate this equipment. If the temperature value is inside the Fever or Hyperpyrexia range the Athlete won't be allowed to participate in the training session. See below Temperature chart:

○ Normal:	97.7 - 99.5°F	36.5 – 37.5°C
○ Fever:	99.5 or 100.4°F	>37.5 or 38°C
○ Hyperpyrexia:	100.4 or 106.7°F	>40.0 or 41.5°C

- Picnic Tables (Parents & Athletes waiting area), chairs and Benches won't be available until further notice. Sitting chairs will be placed instead. Companions and athletes are not allowed to move the chairs to another place.
- A five (5) minute minor personal, equipment and cage/area cleaning must be performed by every ASH Coach after each class. For this activity Coaches will be equipped with wipes, sanitizing liquid and sanitizing spray.
- A 45 minutes general Facility cleaning must be completed by all ASH Personnel every day after the last class. This activity includes the following areas: Restroom, Front Desk, Physical Conditioning Area, Cages and Tunnels, Hallways, Offices, Storage Room and Common Areas.
- Athletes, Coaches, Front Desk and all ASH Staff members must wear face masks/shields at all times, unless there's a justified pre-existing medical condition. Please see the Coaches and Athletes section for more details. Athletes are allowed to lower their face mask during the physical conditioning sessions.

Detailed, Regulations and Procedures for Coaches and ASH Personnel:

- **Coaches** must be wearing facial masks/shields during a training session.
- **Coaches** must use a "touching stick" to indicate certain movements or postures to the **Athletes** during the sessions. Direct physical contact must be avoided under any circumstance.
- **Coaches** must maintain the 6' separation distance with the **Athletes** at all time during the session. If any particular drill or exercise requires getting closer than 6', this can only be done prior the **Athletes** approval and taking all the necessary Covid-19 policy precautions. During the Physical conditioning sessions there must be a 6' separation distance between every athlete.
- **Coaches** will have 5 minutes between sessions. This time must be used for cleaning purposes. Cleaning includes: Personal hygiene, equipment and work area.
- Every day, after the last session **Coaches** along with the **ASH Staff** must complete a 45 minutes Facility cleanup. Areas included: Restroom, Front Desk, Physical Conditioning Area, Cages and Tunnels, Hallways, Offices, Storage Room and Common Areas.
- **Front desk personnel** and **Management Staff** must wear facial masks/shields at all times.

- **Front desk personnel** must avoid any direct physical contact with clients while doing payments or any other transactions.

Detailed, Regulations and Procedures for Athletes and Parents:

- Only one (01) Companion per athlete will be allowed during the training Sessions. If due to unavoidable circumstances an **Athlete** has to come with more than one (01) companion they must remain seated at the entrance bench. **Only exception to this rule will be for the First Time Evaluations and during the first class of the athlete after reopening.**
- **Athletes** must wash their hands before starting and after finishing the training sessions.
- **Athletes and Parents (Companions)** must be wearing facial masks/shields at all times while inside the Facility.
- **Athletes** must bring his own equipment and gear to the training session. Bats, Fielding-Catching-Batting Gloves, Towels, Catcher's Gear and Helmets won't be available for public use at **ASH**.
- **Athletes** must avoid at all time physical contact with other **Athletes, Coaches, and ASH Administrative Staff**. Make sure to STRICTLY FOLLOW the **ASH** Covid-19 guidelines, rules, regulations and **Coach's** indications.
- Water fountains won't be operational inside the facility until further notice. **Athletes** must bring their own water bottles or coolers to the training sessions. Water bottles will also be available for purchase in the beverages and food area.
- **Parents** must sign a waiver agreement with ASH for each **athlete** before the first training session.
- If the **Parents** or **Athletes** have been in contact with someone who has COVID-19 or if you are exhibiting symptoms, please **STAY HOME**.

WORKING HOURS & SCHEDULE:

- **Mondays to Thursdays:** 2:00 pm to 9:40 pm. Last class will end at 9:40 pm, after this class there won't be a physical Conditioning Session.
 - 2:00 pm: First Class - 2:45 pm: 30 minutes Physical Conditioning Class.
 - 2:50 pm: Second Class - 3:35 pm: 30 minutes Physical Conditioning Class.
 - 3:40 pm: Third Class - 4:25 pm: 30 minutes Physical Conditioning Class.
 - 4:30 pm: Fourth Class - 5:15 pm: 30 minutes Physical Conditioning Class.
 - 5:20 pm: Fifth Class - 6:05 pm: 30 minutes Physical Conditioning Class.
 - 6:10 pm: Sixth Class - 6:55 pm: 30 minutes Physical Conditioning Class.
 - 7:00 pm: Seventh Class - 7:45 pm: 30 minutes Physical Conditioning Class.
 - 7:50 pm: Eighth Class - 8:35 pm: 30 minutes Physical Conditioning Class.
 - 8:40 pm: Nineth Class - 9:40 pm: No Physical Conditioning after this class.
- **Fridays:** 2:00 pm to 8:35 pm. Last class will end at 8:35 pm. Starting times for classes are the same as stated before.

- **Saturdays and Sundays:** 8:00 am to 2:35 pm. Last class will end at 2:35 pm.
 - 8:00 am: First Class - 8:45 am: 30 minutes Physical Conditioning Class.
 - 8:50 am: Second Class - 9:35 am: 30 minutes Physical Conditioning Class.
 - 9:40 am: Third Class - 10:25 am: 30 minutes Physical Conditioning Class.
 - 10:30 am: Fourth Class - 11:15 am: 30 minutes Physical Conditioning Class.
 - 11:20 am: Fifth Class - 12:05 pm: 30 minutes Physical Conditioning Class.
 - 12:10 pm: Sixth Class - 12:55 pm: 30 minutes Physical Conditioning Class.
 - 1:00 pm: Eighth Class - 1:45 pm: 30 minutes Physical Conditioning Class.
 - 1:50 pm: Ninth Class - 2:35 pm: 30 minutes Physical Conditioning Class.

CLASSES, PROGRAMS & ACTIVITIES:

- Hitting, Pitching, Fielding and Catching classes: 45 minutes duration.
- Hitting, Pitching, Fielding and Catching Group classes: Two (02) **Athletes** maximum.
- Physical Conditioning classes: 30 minutes duration.
- Physical Conditioning Group classes: Eight (08) Athletes maximum. Some additional restrictions and procedures may apply.
- Team Training Sessions, Team and Individual Cage Rentals won't be available until further notice.
- Camps and Clinics are won't be available until further notice.
- Birthday Parties and Celebrations will be available after working hours. Some additional restrictions and procedures may apply.

AVAILABLE COACHES AND STAFF:

- **Management:**
 - Jose Avila Cell Phone: 786-384-0007
- **Front Desk:**
 - Daniela Martinez Cell Phone: 754-715-0517
 - Sofi Avila Cell Phone: 786-774-1319
- **Coaches: Active Roster**
 - Esteban Avila Hitting
 - Ronny Rodriguez Hitting & Fielding
 - Daniel Quinceno Hitting, Fielding & Physical Conditioning
 - Guillermo Quiroz (Q) Hitting & Catching
 - Elias Macias Hitting, Fielding & Physical Conditioning
 - Jorge Correa Pitching
 - Luis Contreras Pitching

- Nelson Vivas Pitching
- Prince Physical Conditioning

- **Coaches: Currently on the Bench (*)**
 - Herbie Andrade Hitting & Catching

Note: (*) These coaches will rejoin the team in a next phase of our reopening plan. The exact date will be determined based on our daily evaluation of the Covid-19 situation and the guidelines received from the Local Authorities.

FINAL STATEMENT:

COVID-19 is likely the biggest challenge that we have had since the day we opened ASH. Educating our friends, customers, staff, and community, is our best possible way to deal with this.

We are meeting regularly to assess the situation and instituting additional measures or loosen the already existing as the situation evolves. We are also closely monitoring all developments related to the COVID-19 and are prepared to adjust operations and procedures as needed to ensure the health and well-being of our Allstar Hitting Family.

Finally we want to thank all our Employees and our LOYAL ASH FAM for their unconditional love and support as we navigate through this unprecedented period.

Rather than spread the fear, let's stay calm and spread positivity. COVID-19 is temporary, and we will overcome this TOGETHER!

